

# *Cato's*

## *Face and Body Place*

- *Facials*
- *Microdermabrasion*
- *Chemical Peels*
- *Body Wraps*
- *Waxing*
- *Brow and Lash Care*

*For Appointments:*

*Telephone: 623-243-2235*

*[www.catosplace.com](http://www.catosplace.com)*

### *Hours*

*Wed. 10-8*

*Thurs. 10-7*

*Fri. 9-5*

*Sat 8-4*

*The Beauty Studios*  
*7155 W. Campo Bello Drive*  
*Building A, Suite 19B*  
*Glendale, Arizona 85308*

## *Ninety-minute Facials*

*Cato's Deluxe Facial*.....\$115

Time is the ultimate luxury. A classic facial with additional treatments and time for a wonderful spa experience. Suitable for all skin types.

## *One-hour Facials*

Include deep pore cleansing, steaming, extractions, face and shoulder massage, hand massage and a mask treatment followed by a hydrating finish.

*Classic Facial*.....\$75

Customized to treat most skin types. A great option for monthly maintenance. Enhancements may be added for improved benefit.

*Natural Herbal Facial* .....\$75

Traditional Chinese Herbs are used to bring out the natural beauty and health of all skin types. Internal formula included for \$5 extra.

*Purifying Acne Facial*..... \$80

A deep cleansing facial for the treatment of clogged pores and acne. Customized for most skin types including sensitive skin.

*Oxygenating Facial*..... \$85

Restores dull and congested complexion through its cell renewal action. Visible results.

*Multi-Layered Facial*..... \$85

Tighten and lighten your skin in just one treatment. Vitamin C, glycolic acid, and gentle active enzymes quickly change the image of your skin. Great for dry and sun-damaged skin.

## *Express Facials*

*Mini Facial*.....\$45 (allow ½ hour)

Great introduction to facials for all skin types. Recommended for teenagers.

*Express Rejuvenation* ..... \$60 (allow ½ hour)

Optimum results using Professional only Image Skincare for those short on time.

*Back Facial*..... \$55 (allow ¾ hour)  
Customized for the skin of back and shoulders.

## *Therapeutic Facials*

The following facials put emphasis on a special facial massage technique. Each includes a soothing foot soak and a head massage. A truly unique spa experience!

*Aromatherapy Facial*..... \$90 (allow 1¼ hour)  
A relaxing and soothing treatment using essential oils blended specially for you. A great gift!!

*Ayurvedic Facial*..... \$95 (allow 1¼ hour)  
A unique Dosha balancing facial for all skin types. Includes Marma Point face massage and foot treatment.

*Lymphatic Drainage Facial*..... \$90 (allow 1¼ hour)  
A purifying facial using the Dr. Vodder technique for lymph drainage. Great for the treatment of facial edema, sinus pressure, headaches and acne.

## *Enhancements to Facials*

*Eye Lift Treatment* ..... \$15  
Softens lines and brightens dark circles.

*Hydrating Ampoule*.....\$5  
Restores skin's natural glow and brightens the complexion.

*Vitamin C/Enzyme Peel*.....\$10  
Anti-oxidant treatment leaving skin brightened and hydrated.

*Oxygenating Boost*.....\$10  
Stimulates skin cell renewal and healing.

*Blemish Control Detoxifying Gel*.....\$5  
Promotes healing and controls breakouts.

## *Body Care and Body Wraps*

*Tibetan Shirodhara*..... \$95 (allow 1¼ hour)

Various Ayurvedic massage techniques are combined in this very effective treatment for reducing stress and nervous tension. The treatment finishes with Shirodhara – a warm oil poured in a continuous stream across the forehead.

*Chi Detox Body Wrap*.....\$90 (allow 1¼ hour)

This amazing treatment starts with dry brushing the body followed by the application of a unique gel blend of purifying herbs. While in a comfortable wrap enjoy a soothing head massage. To conclude the body is massaged with an herbal massage lotion.

*Sea Salt Scrub with Seaweed Mask* \$95 (allow 1¼ hour)

A treat for dry skin! A stimulating dry brushing is followed by an aromatic sea salt scrub to smooth the skin. A seaweed mask applied before the warm steam wrap is the finishing touch.

*Hydrating Seaweed Wrap* .....\$65 (allow ¾ hour)

Short on time? You may still enjoy the detoxifying and re-mineralizing action of seaweed in this body "treat"-ment.

## *Spa Escape Packages*

Escape on a journey to another world. These spa treatments are inspired by traditional techniques and ingredients which capture the essence and flavor of foreign lands. A signature beverage is served.

*Exotic Africa*..... \$200 (allow 2¼ hour)

Start with a luxurious footbath followed by a deep cleansing and hydrating clay wrap. After the application of a sensually scented lotion the body is dusted with minerals for a sun-kissed look. An aromatherapy facial follows including a warm stone massage and a head massage for a grounding experience.

*Sublime India* ..... \$200 (allow 2¼ hour)

This tranquil experience starts with a footbath followed by an Ayurvedic herbal back facial. After a Marma Point facial including several massage techniques, finish with Shirodhara, a pouring of warm oil on the forehead.

*Exquisite Europe* ..... \$200 (allow 2¼ hour)

Relax with an herbal footbath. Enjoy an exfoliating sea salt scrub followed by a seaweed wrap. A soothing lymphatic drainage facial using fine herbal ingredients is the finishing touch.

*Tranquil China..... \$200 (allow 2¼ hour)*

**Escape to your Zen-Zone! An all-natural treatment using medicinal quality Chinese formulas. Promotes detoxification enhancing your complexion from the inside out and from head to toe. Includes a detox body wrap and an herbal facial.**

## *Microdermabrasion*

*Microdermabrasion Treatment..... \$85*

**Includes cleansing, microdermabrasion and a soothing hydrating complex. Consultation included at first appointment.**

*Microdermabrasion Facial..... \$135 (allow 1¼ hour)*

**In addition to the microdermabrasion enjoy a fully customized facial including a massage and a vitamin enriched soothing mask. You will look and feel great! Most requested facial!!**

## *Chemical Peels*

*Chemical peels..... \$80*

**A choice of light to medium strength peels to treat your specific skin condition. Consultation included at first appointment.**

*Jessners or Salicylic acid peel..... \$90*

**Highly effective medium strength peels to treat acne, hyper pigmentation and fine lines. Consultation required before any treatment.**

*Body peel..... starts at \$50*

**A more intense peel for the treatment of the body. Areas most requested: arms, hands, back, and chest. Price determined on individual basis.**

# *Brow and Lash Tinting*

Show off your beautiful brows and lashes! For dramatic or subtle definition of the eyes.

*Brow Tint*.....\$18

*Lash Tinting* .....\$23

Lash tinting will not be performed if you are wearing contact lenses at the time of service.

# *Waxing*

## *Facial Waxing*

<b>Brow Cleanup</b>	<b>\$20</b>
<b>Brow Shaping</b>	<b>\$25</b>
<b>Lip</b>	<b>\$10</b>
<b>Chin</b>	<b>\$10</b>
<b>Jaw Line</b>	<b>\$15</b>
<b>Cheeks</b>	<b>\$15</b>
<b>Forehead</b>	<b>\$10</b>
<b>Brow, Lip, and Chin</b>	<b>\$38</b>
<b>Full Face w/o Brow</b>	<b>\$40</b>
<b>Full Face with Brow</b>	<b>\$55</b>

## *Body Waxing*

<b>Underarm</b>	<b>\$20</b>
<b>Full Arm</b>	<b>\$40</b>
<b>Half Arm</b>	<b>\$30</b>
<b>Bikini Regular Cleanup</b>	<b>\$30</b>
<b>Bikini High Cut</b>	<b>\$35-\$40</b>
<b>Bikini Thong Line</b>	<b>\$40-\$45</b>
<b>Bikini with Inner Thigh</b>	<b>\$40-\$50</b>
<b>Full Leg</b>	<b>\$70</b>
<b>Half Leg (Upper or Lower)</b>	<b>\$45</b>
<b>Full Leg and Bikini</b>	<b>\$85</b>
<b>Feet and Toes</b>	<b>\$10</b>
<b>Full Back</b>	<b>\$50</b>
<b>Chest</b>	<b>\$40</b>
<b>Chest and Stomach</b>	<b>\$50</b>
<b>Full Back and Front</b>	<b>\$85</b>

***For additional information, please visit [www.catosplace.com](http://www.catosplace.com).***

***Scheduling*** - To ease scheduling, it is advised that you make your next appointment at the time of service. Appointment requests can be made on-line at [www.catosplace.com](http://www.catosplace.com).

If I am unable to answer the phone, please leave a clear message with the following information:

- your first and last name
- the desired service
- the desired appointment time and date
- a call back number with the best time to reach you

You can also schedule appointments on Mondays and Tuesdays.

***Cancellation and rescheduling*** - Your appointment is reserved exclusively for you. Without sufficient notice, it is highly unlikely that I can reschedule the same day for your service, or re-book that time. Therefore, the courtesy of a 24-hour cancellation or rescheduling notice will be appreciated.

If you have failed to show up for several appointments or cancelled at the last minute on several occasions, a credit card may be required to secure future appointments.

At arrival, if my door is closed, I am in session. Please wait where I can find you.

***Retail and Gift Certificates*** - Cato's Face and Body Place carries Image Skin Care, a cosmeceutical skin line and Chi Herbal Formulas, an all-natural Chinese Herbal line. Other spa related items are available for purchase.

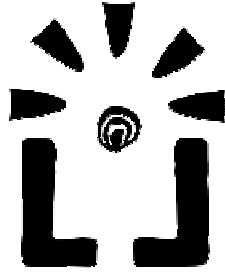
For more information about these products please visit their websites at [www.imageskincare.com](http://www.imageskincare.com) and [www.chiformulas.com](http://www.chiformulas.com).

If you wish to purchase product or buy a gift certificate please call.

Gift certificates are also available for purchase online for your convenience at [www.catosplace.com](http://www.catosplace.com).

***Product return*** - Any opened or used retail products cannot be returned.

***Children*** - I regret that The Beauty Studios and Cato's Face and Body Place do not have facilities for children unless they are scheduled for an appointment.



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